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GIVE YOUR  
**WARDROBE A  
WAKE-UP CALL!**

Get the bargains,  
avoid the headaches  
& look fabulous

**PLUS:** The 4 must-have  
pieces for fall

**Finding the  
diet that  
fits your life**

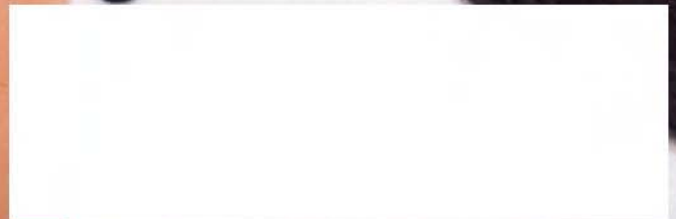
OUR BREAKTHROUGH  
QUIZ (PAGE 136)

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**MONEY  
LESSONS**  
A master class  
with Suze Orman

**YOU'RE  
STRONGER  
THAN YOU  
KNOW**

How to tap into your  
true **power** and really make  
it work for you



# Nine Wardrobe Essentials

Look for pieces with maximum mixability.



▼ **A leather day bag** in black or brown can take you through the week. (\$198; bananarepublic.com)



◀ **An arty silk shell** pops under a jacket for work or shines on its own for a formal event. (Essentials by A.B.S., \$66; 562-296-1055)

▶ **The right undergarments** make your clothes fit better and make you look thinner, says Adam. (Bra and panties, Le Mystère, \$74 and \$32; nordstrom.com)



▲ **Trouser jeans** are more flattering—and fancier—than your standard five-pockets. They would pass muster in many offices. (\$70; express.com)



▲ **A dressy T-shirt** has enough panache for work or evening. (Simply Vera Vera Wang, \$40; kohls.com)

▼ **Metallic flats** perk up all your basics. (Kate Spade New York, \$225; 800-519-3778)



◀ **A knit cardigan** can function as a shirt, a top layer, or even a jacket, depending on where you live. Bonus: The plum shade matches all neutrals. (\$320; whiteandwarren.com)



▲ **Knit leggings** aren't the staples you remember from the '80s. Think of them as tights—put them with a tunic or oversize shirt or underneath a skirt. (\$248; magaschoni.com)



◀ **A jersey wrap dress** is easy to wear because the material moves with your body. Accessories step it up or dress it down. (Diane von Furstenberg, \$385, Saks Fifth Avenue; 877-612-7257)



## For Evening

"Given Lisa's lifestyle, which doesn't require a fancy evening dress, I like separates," says Adam. He chose a red silk ruffle top (Ellavie, \$69) and hot pink brocade skirt (Lafayette 148 New York, \$348). "You can take this outfit apart: The blouse looks good with jeans; the skirt would work with a crisp white shirt." He finishes the look with a croc-embossed leather clutch (Kaia Peterka) and metallic shoes (Naturalizer). Earrings, David Yurman.

## For Work

Lisa needs to be comfortable in her job, but too often *comfortable* equals *sloppy*. "These flannel pants (Lands' End, \$50) work because they stretch, while also giving Lisa some shape," says Adam, who finishes the look with a dressed-up T-shirt (Banana Republic, \$34) and a cashmere waffle henley sweater (L.L. Bean, \$119). Earrings, Jenny Bird. Scarf, Bindya New York. Watch, Michael Kors. Bag, CC Skye. Shoes, Gap. For details and a complete list of contributors, see Shop Guide.